Haye,

Iska bixinta lacagta daryeelkaaga caafimaad waxaa ku kici kara kharash badan. Waxaan rabnaa inaan hubino inaad hesho caawinta aad u baahan tahay oo dhan. Waraaqdan waxaa la jira codsi loogu talagalay Kaalmo Dhaqaale. Wali waad codsan kartaa Kaalmada Dhaqaale xitaa haddii aad leedahay caymis. Waxay kaa caawin kartaa inaad bixiso kharashaadka sida qaddarta go'an ee caymiska, lacagta caymiska jarto ama lacagta wada-caymiska.

U qalmiddu waxaa lagu saleeyaa dakhligaaga sannadlaha ah, kaas oo lagu go'aamiyo dakhligaaga guud (dakhliga guud ka hor ka jarida wax) ee qoyskaaga uu helay 3 dii bilood ee la soo dhaafay.

Fadlan buuxi oo soo celi codsiga oo ay weheliyaan dhammaan agabka taageerada ee la codsaday.

Waa kuwaan tusaaleyaal caddayn u ah dakhliga:

- Cashuur celiskaagii federaalka ee u dambeeyay, haddii canshuur celin lagaa rabay in aad soo xerayso.
- Jeexa dambe ee jeegyadaada mushaarka ee ugu dambeeyay ee is xigxigay 13 toddobaad. Iyada oo ay ku xiran tahay dakhligaaga, tani waxay noqon kartaa:
    - 13 jeexa dambe ee jeegyadaada mushaarka haddii toddobaad kasta lagu siiyo
    - 7 jeexa dambe ee jeegyadaada mushaarka haddii mushaharkaagu yahay laba todobaadle
- Haddii aad adigu iskaa u shaqeysato, warbixintii lacagta ku soo gashay & khasaaraha ee 3-dii bilood ee u dambeeyay
- Waraaqda Manfacaha Sugnaanta Bulsho (Social Security Benefit) ee Sannadkan/Warbixinta hawlgabka, iwm.
- Warqadda Kaalmada Guud ee Hadda
- Bayaanka gunnooyinka shaqo la'aanta ama magdhowga ee 3 dii bilood ee la soo dhaafay
- Caddaynta kale ee dakhliga ee aad heshay 3-dii bilood ee la soo dhaafay, sida taageerada carruurta, masruufka, gunnooyinka, ku guulaysiga bakhtiyaanasiibyada, ama gunnooyinka abaalmarinta ah
- Dakhli ma jiro? Bixi bayaan sharraxaya xaaladdaada hadda iyo sida laguu taageerayo. Qoraalkan waxaa loo baahan yahay inuu saxiixo qofka bixinaya taageerada.

Haddii dhammaan dukumentiyada loo baahan yahay lagu daro codsigaaga, waxaad naga filan kartaa jawaab 45 maalmood gudahood. **Oggolaanshuhu kama dhigna dammaanad kaalmo maaliyadeed; ka reebitaannada qaarkood ayaa lagu dabaqi karaa.**

Qorshayaasha lacag bixinta waxay u baahan yihiin kaarka deynta ama macluumaadka bangiga ee faylka ku jira si loo sameeyo qorshaha lacag bixinta ee billaha ah.

Haddii aad qabto wax su'aalo ah fadlan kala xiriir xafiiskayaga lambarka bilaasha lagu waco **866-804-2499.**

Mahadsanid,

Adeegyada Maaliyadeed ee Bukaanka MaineHealth (MaineHealth Patient Financial Services)

Daryeelka Caafimaadka oo Bilaashka ah oo loogu talagalay Dadka Aan Awoodin inay Iska Bixiyaan Kharashka — 2026

Sharciga Maine wuxuu dhigayaa in daryeelka caafimaadka oo bilaash ah la siiyo dadka reer Maine oo ay la jiraan daqliga ka hooseeyo boqolkiiba 200 ee heerka saboolnimada faderaalka. Dadka degan New Hampshire ee daryeel ka hela Isbitaalka Memorial iyo/ama xarumaha kale ee dhakhaatiirta ee MaineHealth ayaa sidoo kale u qalmi kara barnaamijka daryeelka bilaashka ah.

Tirada Xubnaha Qoyska	200%
1	$31,920.00
2	$43,280.00
3	$54,640.00
4	$66,000.00
5	$77,360.00
6	$88,720.00
7	$100,080.00
8	$111,440.00
Dheeraad Walba	$11,360.00

Si aad u dalbato kaalmo dhaqaale, fadlan naga soo wac: Xafiiska Adeegyada Dhaqaalaha Bukaanka lambarka bilaashka ah 866-804-2499 inta lagu gudajiro wakhtiyada shaqada Isniinta ilaa Jimcaha socoto 8 subaxnimo-4:30 galabnimo.

Iskaan garee koodka QR si aad u codsato ama baro wax badan

Dalacaadyada Ma Dhaafeyso Tirada Guud ahaan loo Diro Medicare

Haddii laguu oggolaaday kaalmada dhaqaale sida ay dhigayso siyaasaddayada oo oggolaanshahaaguna aanu daboolayn boqolkiiba 100 lacagta adeegyada aanu kuu qabanay, lagugu soo dallici maayo wax dheeraad ah oo loogu talagalay daryeelka gurmadka ah ama daryeelada kale ee caafimaad ahaan daruuriga ah, marka loo eego xaddiga caadi ahaan lagu dallaco bukaanada caymiska leh.

Kaliya daryeelka caafimaadka muhiimka ah ayaa loo bixiyaa sida daryeel bilaash. Haddii aadan u qalmin daryeelka caafimaadka oo bilaash ah, waxaad codsan kartaa dhagaysi xaqsoor. Waxaan kuu sheegi doonaa sida loo codsado dhagaysiga xaqsoorka ah.

Ka-reebitaannada Daryeelka Bilaashka (free care) ah/Adeegyada Xaddidan

- Free Care ma daboolo Qalliinka bilicda, oo ah habraac loo sameeyo oo keliya ujeeddada lagu hagaajinayo muuqaalka bukaanka (marka laga reebo qalliinka dib-u-dhiska), kuma jiro adeegyada daryeelka caafimaadka ee bilaashka ah.
- Qalliinka Cayilka Caloosha wuxuu Free Care daboolaa kaliya haddii dhakhtarku qoraal ku caddeeyo daruurinimadiisa caafimaad.
- Wuxuu Free Care daboolaa Qalliinka Ilkaha, oo ah qalliin loo sameeyo ujeedada kaliya ee ah saarista ilko caabuqsan ama ay wax kale ku dhaceen, kaliya haddii dhakhtarku qoraal ku caddeeyo daruurinimadiisa caafimaad.
- Free Care ma daboolo qalliimada la xidhiidha dhalmo la'aanta
- Qalliinnada la xiriira dhalmo-joojinta waxaa daboolaa Free Care oo kaliya haddii dhakhtarku qoraal ku caddeeyo daruurinimadiisa caafimaad.
- Dukaanka Farmashiyaha

Siyaasadda Gargaarka Maaliyadeed

Siyaasadda Kaalmada Maaliyadeed ee MaineHealth waxaa laga heli karaa boggayaga internetka ee MaineHealth.org oo hoos yimaada Kaalmada Maaliyadeed. Nuqullo ayaa sidoo kale laga heli karaa meelaha soo socda:

- *MaineHealth Behavioral Health at Spring Harbor, 123 Andover Road, Westbrook, ME 04092*
- *MaineHealth Franklin Hospital, 111 Franklin Health Commons, Farmington, ME 04938*
- *MaineHealth Lincoln Hospital, 35 Miles Street, Damariscotta, ME 04543*
- *MaineHealth Lincoln Hospital, 6 St. Andrews Lane, Boothbay Harbor, ME 04538*
- *MaineHealth Maine Medical Center Biddeford, 1 Medical Center Drive, Biddeford, ME 04005*
- *MaineHealth Maine Medical Center Portland, 22 Bramhall Street, Portland, ME 04102*
- *MaineHealth Maine Medical Center Sanford, 25 June Street, Sanford, ME 04073*
- *MaineHealth Memorial Hospital, 3073 White Mountain Highway, North Conway, NH 03860*
- *MaineHealth Mid Coast Hospital, 123 Medical Center Drive, Brunswick, ME 04011*
- *MaineHealth Pen Bay Hospital, 6 Glen Cove Drive, Rockport, ME 04856*
- *MaineHealth Stephens Hospital, 181 Main Street, Norway, ME 04268*
- *MaineHealth Waldo Hospital, 118 Northport Avenue, Belfast, ME 04915*

Siyaasadda Kaalmada Maaliyadeed ee MaineHealth waxaa lagu heli karaa Ingiriis, Carabi, Shiineys (La Fududeeyay), Faransiis, Bortuqiis, Soomaali, Isbaanish iyo Fiitnaamiis.

La-talinta Dhaqaalaha ee MaineHealth

Codsiga Caawimaadda Maaliyadeed ama Qorshaha Lacag-bixinta ee La Kordhiyay

Waxaan codsanayaa: Kaalmo Maaliyadeed ☐ Qorshaha Lacag-bixinta La ☐ Kordhiyay Labadaba ☐

Warbixinta Codsadaha

Magaca Hore	Magaca Dambe	Taariikhda Dhalashada
Cinwaanka	Magaalada/Gobalka/Zip	Telefoonka
Xaaladda Guurka (Ikhtiyaar ah)	Shaqo-bixiyaha (qor dhammaan 3 dii bilood ee ugu dambeeyay)	Taariikhda Bilowga iyo Mushaarka

Macluumaadka Xaaska/Ninka ama Codsadaha Wadajirka ah (Lammaanaha is qaba ama lammaanayaasha si rasmi ah u diiwaangashan)

Magaca Hore	Magaca Dambe	Taariikhda Dhalashada
Telefoonka	Shaqo-bixiyaha	Taariikhda Bilowga iyo Mushaarka

Ku tiirsaneyaasha (Dhammaan Codsadeyaasha Ka Yar 18 Sanno Jir oo Imminka La Deggan Codsadaha)

Magaca	Taariikhda Dhalashada	Xiriirka ka dhaxeeyo Codsadaha	Lam. Aqoonsiga MaineCare #

Dakhliga Qoyska

Codsadaha iyo qoyska waa inay bixiyaan *canshuur-celinta dawladeed ee sannadkii la soo dhaafay oo dhameystiran,* *ama bayaanka nootaayaysan ee dhigayo dakhli la'aanta.*

Hadduu Qoysku Qaato	Qaddarta Bishiiba	Codsadaha Waa Inuu Bixiyaa
Dakhliyada/mushaaraadka laga helo shaqo-bixiyaha(badrooniyada)	$	Jeexa dambe ee jeegyadaada mushaarka ama warbixinta mushaarka ee 13 kii isbuuc ama 12 kii bilood ee ugu dambeeyay ee shaqo walba oo muujinayo dakhliga guud IYO canshuur-celinta dawladeed ee sannadkii la soo dhaafay oo dhameystiran.
Iskaa U Shaqeysiga/ Dakhliga kirada	$	Bayaanka faa'idada ama khasaaraha ee 3 dii bilood ama 12 kii bilood ee la soo dhaafay IYO canshuur-celinta dawladeed ee sannadkii la soo dhaafay oo dhameystiran.
Shaqo-la'aan, Curyaannimada Muddada Gaaban (STD), Curyaannimada Muddada Dheer (LTD) ama macaashyada magdhowga shaqaalaha	$	Wargelinta qaansheegashooyinka toddobaadlaha ah ee muujinayo dakhliga guud AMA faahfaahinta mushaarka ee 13 kii isbuuc ama 12 kii bilood ee la soo dhaafay ee laga helay shaqo-bixiyaha ee muujinayo lacagta naafonimada.

Amniga Bulshada (Social Security) ama SSDI	$	Warqada faa'idada sannadka hadeer. Si aad u codsado nuqulka warqadda dheeftaada, wac 1-800-772-1213 ama booqo www.ssa.gov. **Foomka 1099 lama aqbalo**
Faa'idooyinka Shaqo ka fariisiga ama Howlgabka	$	Warqada ama bayaanka dheefta(401K, IRA, iwm.) ee muujinayso dakhliga guud ee la qeybiyay.
Kaalmada Guud	$	Macaashka Kaalmada Guud ee Bisha socota.
Dakhli la'aanta 3 dii bilood ee la soo dhaafay	$	Qoraal qoran oo sharraxaya taageerada aad helayso. Qoraalkan waxaa loo baahan yahay inuu saxiixo qofka bixinaya taageerada.
Taageerada Garoobta/Canuga	$	Nuqulka amarka maxkamadda AMA risiidyada kharashaadka oo 13 asbuuc ah.
Qeybsashada/Danaha	$	Bayaanka saami qaybsiga rubuclaha ah
Wax kale	$	Ku guuleysiga bakhtiyaa-nasiibyada, dakhliyada aan mushaarka ahayn, shaqooyinka lacagta caddaanka laga helo, iwm. 13 kii asbuuc ee la soo dhaafay.

MaineHealth waxay haysaa kheeyraad ay kugu caawiso:

- Dadka degan **Maine & New Hampshire** waxaa loo gudbin karaa Kooxda Kaalmada Bukaanka MaineHealth si loo baaro MaineCare/NH Medicaid ama barnaamijyada kale ee gobolka iyo federaalka. Waxaad si toos ah nagala soo xiriiri kartaa wixii macluumaad dheeraad ah **1-833-644-3571.**
- Dadka deggan **Maine** Waxay sidoo kale codsan karaan MaineCare ayagoo wacayo **1-800-442-6003** ama booqo **maine.gov/benefits/accounts/login.html**
- **Dadka deggan New Hampshire** Waxay sidoo kale codsan karaan NH Medicaid ayagoo wacayo **1-603-447-3841** ama booqo **https://nheasy.nh.gov**

***KHARASHKA LOOMA BAAHNA HADDI AAD KALIYA CODSANAYSO GARGAAR MAALIYAD.**

Qorshaha Lacag Bixinta La Kordhiyay **Lacag bixinta billaha la codsday $**

Si loo cadeeyo qorshaha lacag bixinta la kordhiyay, fadlan ku dar waxyaabaha soo socda warbixinta xigta ee la xiriirto kharashaadka qoyska. Fadlan ku dar caddaynta biilasha korontada iyo daryeelka carruurta. Nuqul ka mid ah adeegga korontada iyo xanaanada carruurta ee 1 bil ama rasiid ka yimid ganacsiga.

Fadlan qor dhammaan kharashaadka billaha ah ee khuseeyo qoyska codsadaha:

Kharashka	**Lacag-bixinta Billaha ah**	**Kharashka**	**Lacag-bixinta Billaha ah**	**Kharashka**	**Lacag-bixinta Billaha ah**
Guryaha oo ay ku jiraan canshuurta hantida iyo caymiska milkiilayaasha guryaha/kiraystayaasha. (amaahda guryaha/kirada)	$	Shidaalka/Saliida (Kululeynta)	$	Kaararka Bangiga	$
		Amaahda Ardayda	$	Kharashaadka Caafimaadka	$
Korontada iyo Biyaha:		Daryeelka Carruurta	$	**Kharashaadka Dheeraadka ah:**	
Telefoonka Guriga/Telefoonka Gacanta	$	Deynta Baabuurta	$		$
Korontada	$	Caymiska Baabuurta	$		$
Biyaha/Bulaacada	$	Bansiinka Gaariga	$		$

Fiilada/Satalaydka	$	Raashiinka/Alaabta Qoyska	$		$
Internet-ka	$	Kharashaadka Rabaayadaha	$		$

Waxaad ku soo diri kartaa foomka codsiga oo dhameystiran iyo dukumiintiyada:

Ku dir boostada:	**Ku dir fakiskan:**	**Codso oo ku xarey dokumiintiyada**
MaineHealth - PFS Attn: Financial Counseling 25 June Street Sanford, ME 04073	**207-661-8043** **Mareegta:** **mainehealth.org**	**MyChart:** **mychart.mainehealth.org**

Fadlan xasuusnow inaad ku dartid nuqulka warqadaha caddeynaya dakhligaaga.

Waxaan xaqiijinayaa in warbixinta la bixiyay, oo ay ku jiraan dakhliga, ay run oo sax yihiin inta aan ogahay. Waan fahamsannahay in warbixinta aan gudbiyay ee la xiriirto dakhligayga sannadlaha ah iyo tirada qoyska ay xaqiijin karaan MaineHealth. Waxaan sidoo kale fahamsannahay in haddii wax ka mid ah warbixinta aan gudbiyo la go'aansado inay been tahay, go'aaminta noocaas ah waxay sababeysaa diidmada siinta adeegyada sida Kaalmada Maaliyadeed, oo waxaan mas'uul ka noqon doonaa dalacaadaha adeegyada la i siiyay.

Saxiixa Codsadaha: _____ Taariikhda:

Saxiixa Codsadaha La-Codsadaha: _____ Taariikhda:

Wixii su'aalo ah ee la xiriiro codsigan, fadlan kala xiriir kooxdeena Adeegga Macaamiisha lambarka bilaashka lagu waco (866) 804-2499.